vision and goals worksheet

Apply The 6 Core Concepts:

1. Possibility 2. Vision 3. Balance
4. Audacity 5. Format 6. Integrity

my vision

Remember:

Visualize your life in 10 years.
What would you dare to do if you knew you could not fail?
Describe what you see, hear, and feel in your ideal life.
Who is there? How do you spend your time?
Where do you spend your time?

Example:

~~I will save money for school~~
I save $10,000 for my MBA by September 12 — affirmative, concise

present tense | quantifiable & specific | by-when date

my goals

trickle back

10 year — by when

CAREER
HEALTH
PERSONAL

5 year

CAREER
HEALTH
PERSONAL

1 year

CAREER
HEALTH
PERSONAL